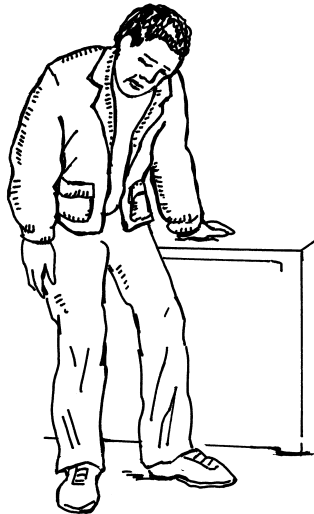


# **First Aid For Shock**

Shock causes blood flow to shut down. If a person is in shock, keep him or her calm and quiet to prevent damage to organs.

## **Symptoms of Shock...**

- cool, moist or pale skin
- weak, rapid pulse
- shallow breathing
- dull eyes, dilated pupils
- nausea, trembling or vomiting
- difficulty thinking or speaking clearly
- unconsciousness



## **To Treat Shock...**

- Call the doctor, emergency room or poison control center.
- Check to see if the victim is breathing—if not, begin rescue breathing.
- Speak calmly to the victim.
- If the victim vomits, check for head or neck injuries—if there are none, turn the victim on his or her side and clear the mouth.
- Treat the cause of shock—for instance, control bleeding.
- Keep the victim comfortable, warm and lying down.



## **Allergic Shock...**

Allergic shock is a special kind of shock caused by the body's reaction to common substances. It can be very dangerous. In addition to ordinary shock symptoms, the victim may also have:

- hives
- itching/burning skin
- swollen tongue/face
- trouble breathing
- a tight chest
- unconsciousness

**If you see a case of allergic shock, get medical help immediately. If the person has special medication to take in case of emergencies, give the medicine immediately.**