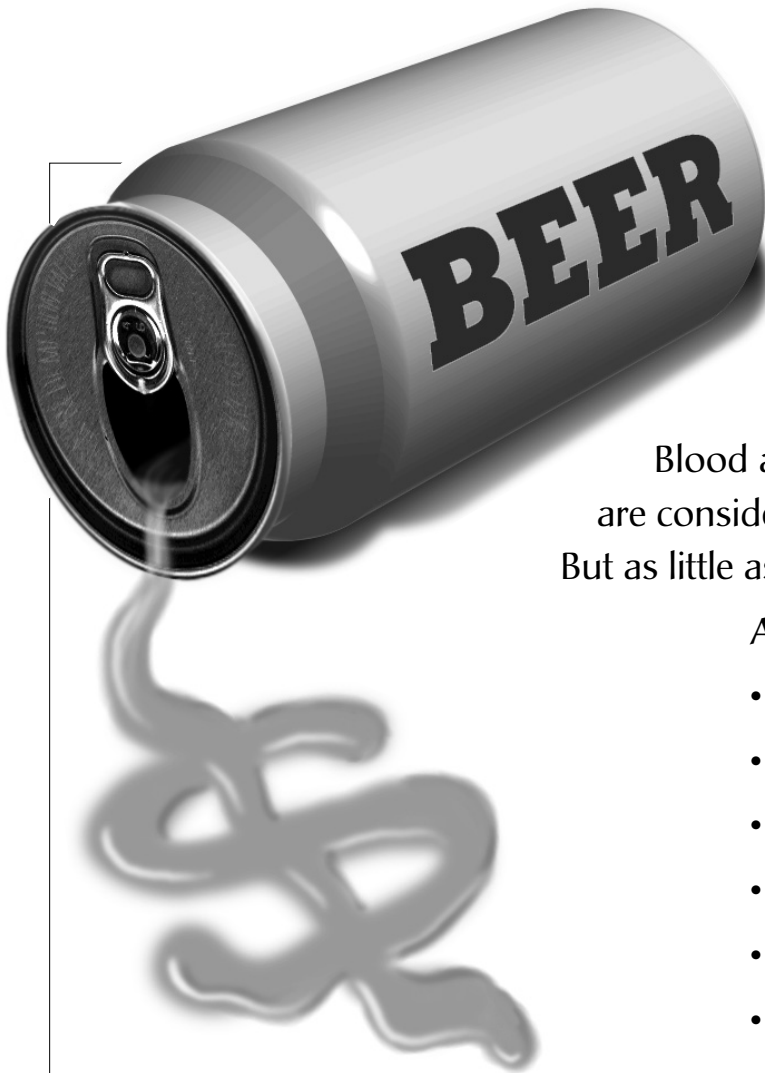


# Alcohol & Other Drugs Affect Safety



**Think you can drink or use drugs and still do your job well? Read on...**

Blood alcohol concentrations of .08 or more are considered unsafe for driving in most states. But as little as .04 will affect your job performance.

**Alcohol and many drugs cause:**

- **slower reaction time**
- **increased injury rates**
- **increased errors**
- **carelessness**
- **fatigue**
- **poorer problem-solving skills**
- **lower productivity**
- **more absences**

Drinking can affect your health and safety and the health and safety of those you work with. It can also cost you your job.

**Think you might need help? See your employee assistance professional or check your phone book's community resources pages under "Alcohol and Drug Abuse." You'll find the help you need.**

**SAFETY HAZARDS**