## Watch Out for Pinch Points

A pinch point is any point where you can catch a part of your body between moving parts of machinery, equipment or materials.

## Protect yourself from pinch points...

- Machine guards are designed to protect you from pinch points.

  Always keep them in place, even if it slows down productivity. Replace them if they malfunction.
- Always use machinery correctly. Shut a machine down before trying to correct a malfunction or jam and be sure to use the correct lockout/tagout procedures.
  - Use push-sticks and jigs whenever possible, rather than your fingers, to position materials being machined.
  - Follow safety procedures when moving heavy or bulky material.
  - Avoid horseplay on the job.
  - Avoid loose clothing or jewelry that can get caught in pinch points. Keep long hair restrained.

Above all, stay alert. Carelessness around pinch points can be deadly.

SAFETY HAZARDS