

Choosing and Using Protective Headwear

Hard Hats...

ARE YOUR BEST PROTECTION AGAINST MAJOR HEAD INJURY. THEY SHOULD BE ADJUSTED TO YOUR FIT.

- The crown straps fit over the top of your head to cushion impact.
- The adjustable headband holds the hat securely to your head.
- The chin or nape straps keep the hat from being knocked off.

Use a full-brimmed hat to protect against blows to the entire head, neck and shoulders.

Use a visored hat when working in confined spaces.

Make sure that hats are replaced regularly.

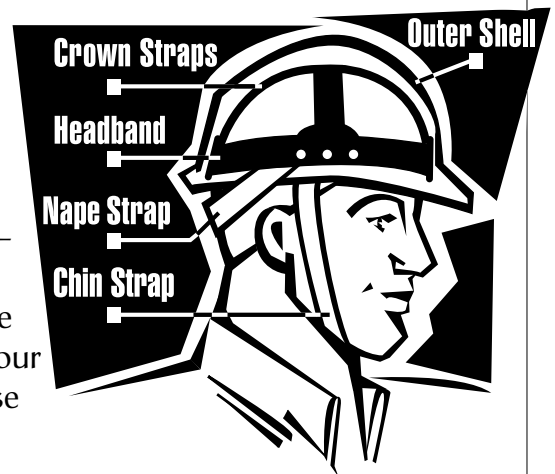
Using Hard Hats...

✓ ALWAYS

- Adjust the straps of your hard hat to your own size.
- Keep your headwear clean and in good repair.
- Replace worn straps as needed.
- Check your hat for cracks before and after each use. Replace a hat that is cracked or has received a major impact.

✗ NEVER

- Never use paint or solvents on your hat—they can weaken its structure.
- Never use someone else's hat or give your hat to someone else to use.



Bump Caps...

protect against minor blows only. Use them in confined spaces where there are no serious head hazards.

NEVER use a bump cap in place of a hard hat.

Hair Covers...

keep hair from getting caught in moving machine parts. Usually fabric, they are adjustable and may have a front visor.

Other Headwear...

may be necessary for special tasks.

These include:

- thermal liners for extremely cold temperatures.
- lamp brackets for work in dark areas.
- face shield mounts for use around flying particles.