

# Hand Hazards

## PROTECT YOUR HANDS

### Your hands may be in danger if you...

- use machinery and tools with moving or cutting parts.
- use corrosive chemicals.
- work with very hot or cold substances.
- work with electrical hazards.
- do work that involves repetitive motion, as in assembly line work, painting or keyboarding.

### ✓ ALWAYS

- Be alert to hand hazards before an accident can happen.
- Use push-sticks, guards, shields and other safety devices designed for your equipment.
- Use brushes, not hands, to wipe away debris.
- Inspect equipment and machinery to make sure it's in good operating condition.
- Disconnect power before repairing or cleaning machinery.
- Use the right personal protective equipment such as gloves, guards or barrier creams.
- Be sure your gloves are the right type and size for your job.
- To avoid overuse problems, use tools designed to keep wrists straight.

### ⊘ NEVER

- Never wear rings, jewelry or loose clothing when using machinery.
- Never take shortcuts with safety procedures.

